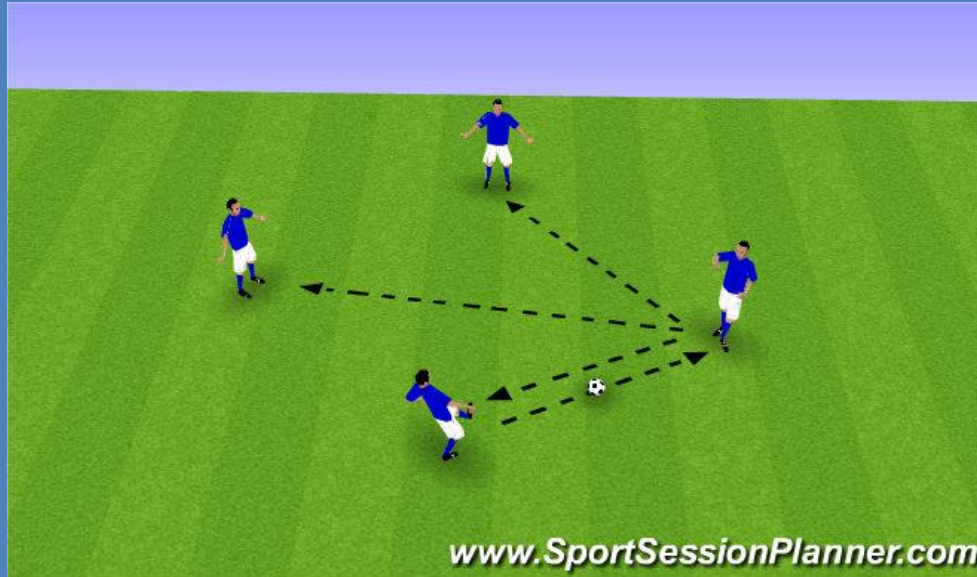


Diamond passing



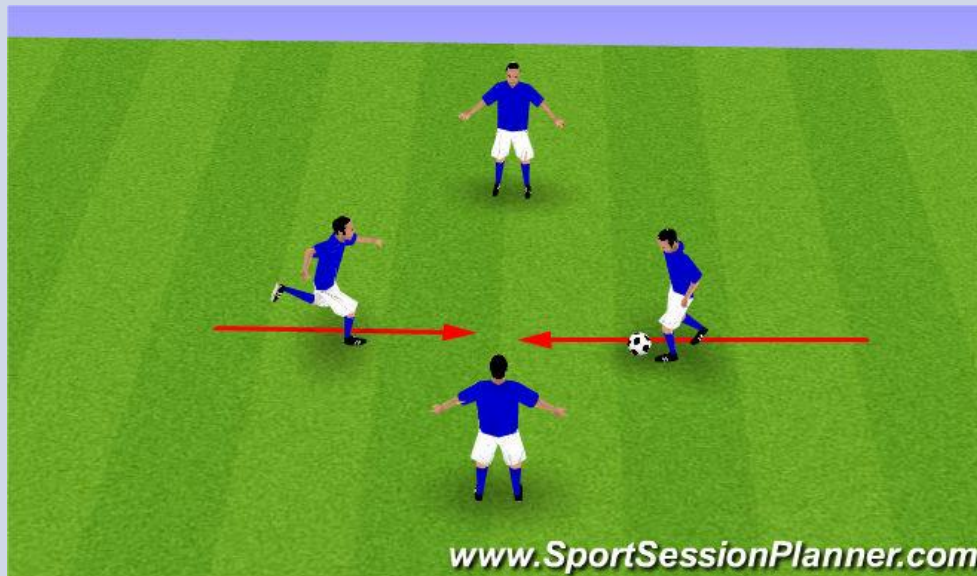
RULES

- In a diamond shape players use 2 touch to pass the ball around
- Move to 1 touch

POINTS

- Communicate
- Have eye contact
- Quality touches
- Accurate passes

Diamond passing- Crossover



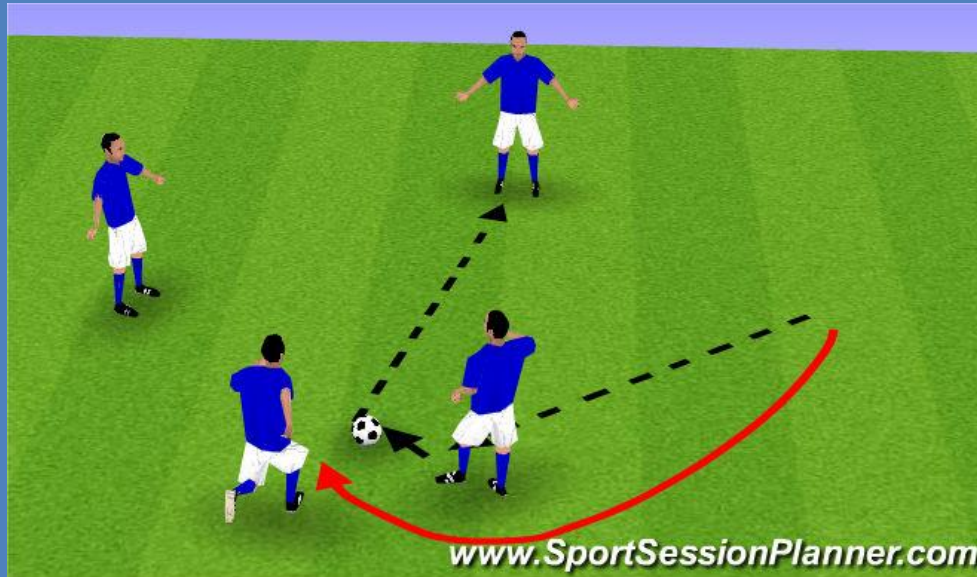
RULES

- As above, but not look to put crossover as a combination
- Pass ball around 1 or 2 touches
- Player will touch ball into middle and move towards the opposite player
- Opposite player moves towards player with the ball
- Players cross over and ball is taken by other player

POINTS

- Look for 'Cue' of player moving ball into middle
- Communicate
- Crossover right foot to right foot or left foot to left foot

Diamond passing- overlap



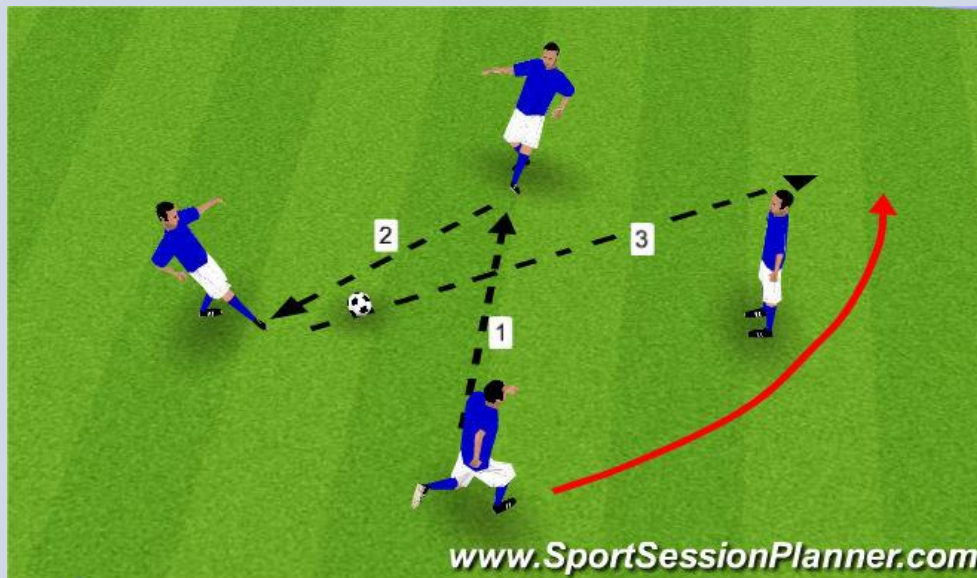
RULES

- Passing with 1 or 2 touches
- Player passes to a side player and tells them to 'hold' the ball
- Player with the ball waits for the player to make an overlap around him/her and then lays the ball off
- Overlapping player passes with 1 touch

POINTS

- Communicate
- Quick run for the overlap

Diamond passing- Up, Back and through



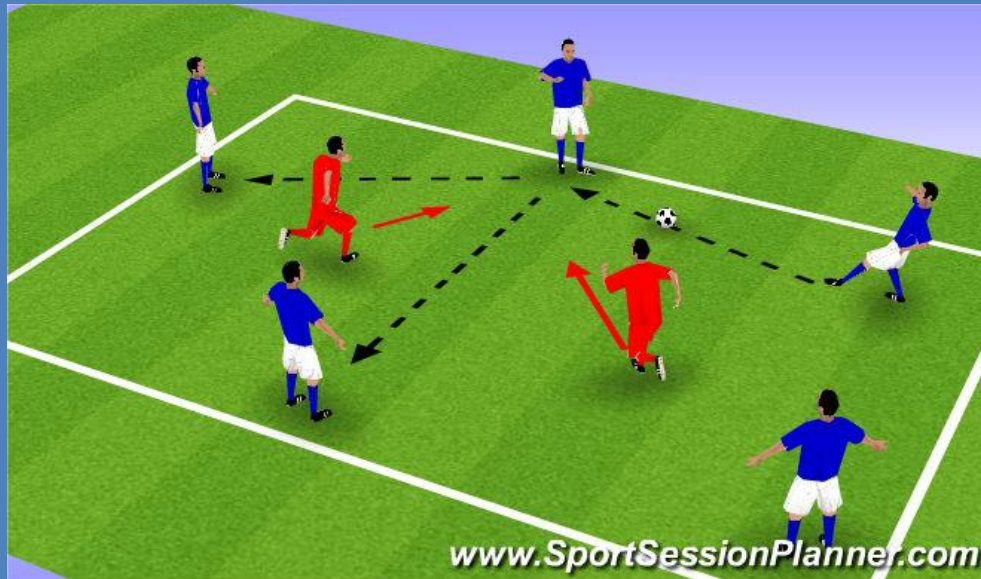
RULES

- Passing with 1 or 2 touches
- Player passes ball to opposite player and then makes a run around one of the side players
- Player 2 passes the ball to the opposite side to where the player is running
- Player 3 passes between 2 other players to where the running is going

POINTS

- Communication
- Quality passes
- Team work

5v2



RULES

- 5v2 possession
- Players look to combine and keep ball from 2 defenders

POINTS

- Communication
- Quality passes
- Passes should be made to correct foot of team mate, giving them options
- Find space for team mates

3v3 + Neutrals to targets



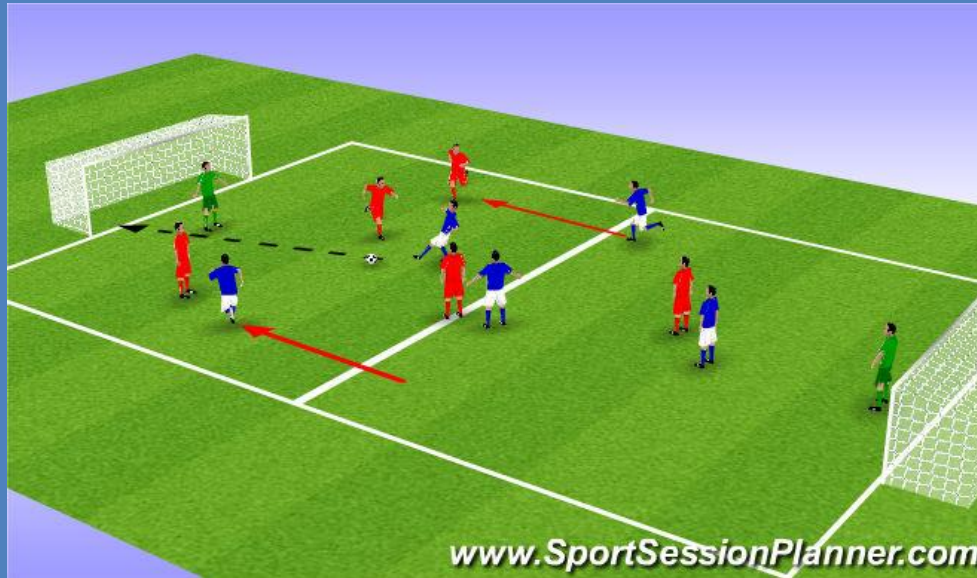
RULES

- 3v3 in field
- 2 neutrals on side of field
- A target player on each end of field
- Players try and get ball to target player
- Use neutral players to create numbers up

POINTS

- Communication
- Quality passes
- Move and find spaces for passes
- Use neutrals to open up more space

6v6 GAME



RULES

- 6v6 with goalkeepers

POINTS

- Move ball around to keep possession
- Look to combine to create shooting opportunities
- Communicate to keep possession